



January 2024

Metropolitan Washington Association of Plumbing-Heating-HP Inc.

Newsleak — January 2024

REGISTER TODAY!

MWPHCC Upcoming Tech Training **Thursday, January 4, 2024 6:00 pm** **Holiday Inn, College Park, 10000 Baltimore Avenue**



Topic: Sump Pumps and Sewage Ejector Training

- ♦ Pump sizing
- ♦ Pump types
- ♦ Pump applications

Training will include an overview provided on Zoeller Pumps. There will also be a Control Panel demo.



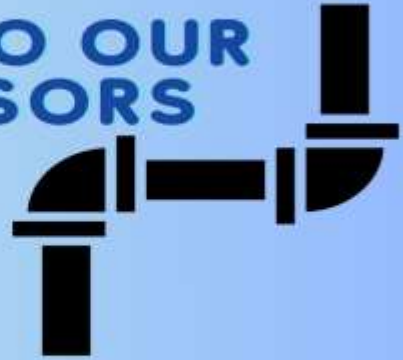
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[Register here for the Tech Training](#)



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UPCOMING MWPHCC TECH TRAININGS



MWPHCC Officers and Board Members will be installed during the February Chapter Meeting

February 1, 2024
Ferguson Hydronics

March 7, 2024
Milwaukee Tool

April 4, 2024
Washington Gas

May 2, 2024
Rinnai America

September 5, 2024
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*All trainings begin at 6:00 p.m. and are held for Chapter Members at
Holiday Inn, College Park*



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Welcome to our New Contractor Members!

This is the perfect time to join MWPHCC
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Continued notification: PHCC Introduces VERSAPAY

Our national office launched our 2024 dues billing cycle last month by using a new payment processing system this year called **Versapay**. You were sent an email from Versapay (no-reply@versapay.com) asking you to create your user account.

Once your account has been created (it's a very simple processes) you will have access to your 2024 membership open invoice's. You will see a "click and pay" option next to any open invoice. You will also be able to track all payment history in your Versapay portal.

As always, if you need immediate assistance you can reach out to our office at membership@naphcc.org or call 703-752-9879. A team member will be happy to assist you!

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Back to the Basics: Common OSHA Citations and Recordkeeping Review

Webinar: Thurs., Jan. 18, 2—3 p.m.

This webinar offers a concise overview of OSHA's commonly cited standards and the essential recordkeeping protocols that most organizations must adhere to.

What you will learn:

- ◆ Quick overview of the OSHA Top 10 violations
- ◆ Review of OSHA recordkeeping requirements and summary of 2024 changes
- ◆ Training resources, programs, and policies to implement in your business
- ◆ How to positively impact workplace productivity and culture through accident prevention



[Click HERE for more information or to register!](#)

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backflow recertification



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Federally, the Safe Drinking Water Act of 1974 requires Public Water Systems to keep harmful contaminants and pollutants from entering the water distribution system through cross-connections and backflow. For this reason, Certified Cross Connection Control Professionals are in demand.

The Mid-Atlantic Backflow Academy brings cutting-edge backflow instruction at a centralized, east coast location.

In the **32-hour, 3-day class**, participants develop a working knowledge of the causes and principles of backflow and backflow prevention. Recognizing proper backflow prevention assembly application and operation is stressed. Complete understanding and the ability to perform accepted field-test procedures for all backflow prevention assemblies is required for successful completion.

The **8-hour, 1-day class** provides a recertification opportunity to keep your certification current and up-to-date.

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[Click here for more information about upcoming dates and registering!](#)



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Stay Safe During Dangerous Winter Storms



During extremely cold weather or winter storms, staying warm and safe can be a challenge. Winter storms can bring cold temperatures, power failures, loss of communication services, and icy roads.

Winter storms are sometimes referred to as “deceptive killers” because most injuries, illnesses and deaths happen after the storm has passed or are only indirectly caused by the weather.

Pay attention to developing weather conditions, prepare yourself for cold winter weather, make sure your car is ready for winter travel, and weatherproof your home against the frigid temperatures.

As employees begin thinking about their holiday plans and finishing up work projects for the year, consider scheduling a quick safety meeting on Winter Storm Safety.

[Click HERE for full article!](#)

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HOW TO LEVERAGE WEAKNESSES

By: Dan Rockwell, *The Leadership Freak Blog*, December 21, 2023

Weaknesses reveal potential strengths, Train yourself to maximize weaknesses by discovering an untapped strength.

So often, we feel dragged down by what may be perceived as weaknesses. However, even those perceived weaknesses can reveal potential strengths within us.

For example, “worry” obsesses about the future. Yet the potential strengths behind worry might include: increased planning; risk assessment; preparedness; attention to detail; empathy.



“Pushiness” could also be seen as persuasiveness, conviction or grit.

Below are 10 “Perceived Weaknesses” with their potential strengths.

1. Bluntness – honesty
2. Rigidness – discipline.
3. Pickiness – analytical.
4. Indecisiveness – flexibility.
5. Workaholism – responsibility.
6. Impulsiveness – courage.
7. Laziness – efficiency.
8. Fear – situational awareness.
9. Day dreaming – imagination.
10. Timidness – discretion.

Today is a good day to reflect on untapped potential. Consider anger as an example. Anger is destructive when unmanaged. How might you use it to advantage others? Nelson Mandela found forgiveness behind anger.



*What weakness/strength pairings come to mind for you?
How can people hone the edges off weaknesses to create strengths?*

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The Value of PHCC

Dear Members:

Thank you for being part of a great 2023. Our association, our incredible chapters, members and industry partners came together in constructive ways to address industry challenges, foster growth, and ensure a prosperous future.

Here is some of the work we have done on behalf of and for you, our member:

- ◆ We supported workforce development funding and initiatives that provide pathways to careers in plumbing and HVAC. We also worked closely with chapters and our industry partners to promote careers in the trades and to ensure a continuous pipeline of skilled workers.
- ◆ We significantly elevated our profile through increased participation in industry events and efforts, including several key education sessions at the AHR Expo, one of the largest events in the industry.
- ◆ **Proving the value of constructive collaboration, PHCC leaders and the association's industry partners exchanged ideas and solutions for mutual benefit during the PHCC Industry Summit this Spring in Dallas, Texas.**
- ◆ From a government affairs perspective, we made major progress in the past year pushing back against natural gas bans, burdensome employer mandates, and increased regulatory action in Washington, D.C.
- ◆ Our spring Legislative Conference provided an incredible opportunity for PHCC members to learn about the latest energy, economic and workforce policies that are important to the industry and to consumers.
- ◆ Throughout the year, we increased PHCC contractor representation on consideration of important HVAC issues, including the refrigerant changes that will impact the industry.
- ◆ **To make sure you have the latest information on today's business environment and the trends worth watching, PHCC's Business Intelligence offerings, have included a Contractor Confidence Index, and the Insta-Intel and Competitive Edge emails that you receive regularly.**
- ◆ Cleveland, Ohio, delivered a hometown welcome to an energetic group of p-h-c professionals who experienced top-tier education, the latest technologies, and face-to-face interactions at PHCCCONNECT2023 on Oct. 25-27. Be sure to join us for PHCCCONNECT2024, Oct. 7-9 in Birmingham, Alabama!

As you go about your day-to-day work, remember that the people of PHCC are collaborating on your behalf. **The more you get involved, the better we all are. Because making our industry better ... makes our businesses better.**

That's the value of PHCC!

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20 TIPS FOR A POSITIVE NEW YEAR

By: **John Gordon**, The John Gordon Companies Weekly Newsletter

1. Stay Positive. You can listen to the cynics and doubters or you can trust that with faith and an optimistic attitude all things are possible.

2. Take a daily "Thank You Walk." Feel **blest and you won't be stressed.**

3. Eat more foods that grow on trees and plants and less foods manufactured in plants.

4. Talk to yourself instead of listen to yourself. Talk to yourself with words of truth and encouragement.

5. Post a sign that says "No Energy Vampires Allowed." Gandhi said, "I will not let anyone walk through my mind with their dirty feet,"

6. Be a Positive Team Member. Being positive makes everyone around you better.

7. Don't chase success. Decide to make a difference and success will find you.

8. Get more sleep. You can't replace sleep with a double latte.

9. Don't waste your precious energy on gossip, energy vampires, negative thoughts or things you cannot control.

10. Look for opportunities to Love, Serve and Care.

11. Live your purpose. We don't get burned out because of what we do. We get burned out because we forget why we do it.

12. Remember, there's no such thing as an overnight success. Love the process.

13. Trust that everything happens for a reason and expect good things to come out of challenging experiences.

14. Implement the No Complaining Rule. If you are complaining, you're not leading.

15. Read more books than you did in 2023.

16. Don't seek happiness. Instead live with love, passion and purpose and happiness will find you.

17. Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

18. The next time you "fail" remember **that it's not meant to define you. It's meant to refine you.**

19. Smile and laugh more. They are natural anti-depressants.

20. Enjoy the ride! You only have one ride through life; find ways to enjoy it



Save
the
Date

Membership Event



**Friday,
March 22, 2024**

More info TBA!



*On behalf of the MWPHCC Board of Directors,
we wish you and yours a new year filled with good
health, much happiness and a wealth of prosperity!*

Huge Shout Out and Thank You to our 2024 Newsleak Advertisers

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